

MasterClass Syllabus

Principles of Leadership

A fast, practical masterclass designed to help you stay composed under pressure, communicate with clarity, handle tough conversations, turn conflict into progress, and lead performance with a simple, repeatable solution.

Program Details



5 Courses in the MasterClass



Estimated 2 Hours to Complete



Open to All Levels of Experience

Learning Objectives

- Identify and eliminate mental hijack triggers to regain composure in challenging situations.
- Proactively handle difficult conversations with confidence and ease to increase engagement and productivity.
- Elevate relationships through authentic communication in all areas of life.
- Utilize five distinct conflict management styles to achieve constructive outcomes.
- Establish and consistently use a performance management system to inspire and empower team members.

Course Descriptions

Course 1: Managing with the Brain in Mind

If you are too often frustrated, stressed and overwhelmed, this course helps you know why. And most importantly, you'll learn what to do differently to get your desired results. Through understanding how the brain works, a whole new frontier for tapping into potential begins. You'll learn how to have more fulfillment and happiness. Yes, you can teach an old dog new tricks!

Course 2: Communicating with High Impact

The quality of your decisions and solutions relies on the quality of your interactions. And yet, most of us are not provided formal training. Establishing effective two-way communication is essential for successful relationships and productivity both personally and professionally. In this course you'll learn three imperative skills to elevate your communication for greater impact in all areas of your life.

Course 3: How to Have a Difficult Conversation with Ease

We may avoid important conversations because we lack a structure to follow. Dealing with performance gaps and productivity issues is a key part of leading and managing. Team engagement and culture decline if important conversations are consistently avoided. Learn how to have difficult conversations with ease and confidence with this simple strategy.

Course 4: Managing Conflict Effectively

Conflict is inevitable when dealing with other people. Conflict is often viewed as something to be avoided at all costs. There can be benefits to moderate levels of conflict when approached with an open-minded perspective. Learn about five different conflict management styles and when and how to apply them effectively.

Course 5: A 4-Step System to Inspire Rock-Star Performance

Attaining business success by inspiring, coaching, and effectively managing the performance of others is a formidable task. This course offers a four-step system that guides managers at all organizational levels. Overall, the course equips you with the skills needed to inspire high performance and drive tangible results throughout your workplace.